

<http://www.indotalisman.com/>
<http://www.bezoarmustikapearls.com/>
luxamore@indotalisman.com

FRAUDS IN THE METAPHYSICAL FIELD

This is an important subject to address for like in every field of human endeavor, the metaphysical branch has its charlatans, scoundrels, and manipulators who are ever ready and eager to mislead the earnest seeker of Truth. Students of metaphysics as well as laymen should understand the difference between true spiritual metaphysicians and scoundrels assuming the title. Disciples of the Spirit should be able to discern between metaphysical practices and services of spiritual worth and those objectionable operations of pseudo-metaphysicians that simply mislead the human soul. Too often paranormal practices are erroneously considered as "spiritual."

The metaphysical path is fraught with many temptations, glamour and illusions, and one could easily fall into the contrived traps of Maya and the Dark forces. Because of the rapid growth of the metaphysical, holistic, and paranormal fields in recent years there have been many unscrupulous individuals entering the profession promoting and advertising themselves excessively hoping to take financial advantage of the public's interest, curiosity, enthusiasm and ignorance. Most of these people--these frauds--will cheat, lie, deceive, promise you anything that you will want to hear, and please you in order to grab your hard-earned cash. They even go so far as to indulge in immoral practices such as sexual molestation and rape under the pretext of transferring magical power. Often they would resort to stage magic and tricks to mislead one's senses into believing their "extraordinary" powers and faculties. Even the genuine psychics possessing some power and ability would over-exaggerate the little knowledge or talent that they have. Should they master a single metaphysical art, such as clairvoyance, for instance, they would go so far as to say that they possess the other psychic abilities as well. One should be wary of the persuasive tongue of so-called psychics and metaphysicians. If these spiritual con-men did not involve themselves in the metaphysical field, they would enter any other field with the same hidden despicable motive of self-aggrandizement and ego-promotion.

A little knowledge is a dangerous thing, and so-called paranormals are quick to establish themselves as metaphysicians or experts in the psychic/parapsychological/magickal field who actually know very little or have acquired very little metaphysical learning, training and experience. Most psychics read a few books on metaphysics and adopt its associated terms and terminology without a profound understanding of what they truly mean. Students of metaphysics often fall into such glamour as well. They may have read a few books, attended a few seminars or workshops, or even studied under a few Gurus and yet with the little that they acquire, they feel themselves to be knowledgeable in all aspects of metaphysics, and subsequently, they often express spiritual and mental pride. They may even feel disdainful or look condescendingly upon a genuine Guru should they perchance come across one. Ignorant of the characteristics of a true Spiritual Master or Adept, they simply follow those who vainly display unusual powers and knowledge, or those that offer them the instant transference of occult knowledge and the awakening of the serpent power. These students of metaphysics are more seekers of sensation than seekers of God or Truth. The writer of this work have personally read countless books on metaphysics, studied metaphysical teachings of various schools and yet, still feels that he knows so little. Even worst than this, he has come to realize how ignorant he really is from the Cosmic point of view and that there is still so much to learn about the Omniverse. He has come to realize that a question answered only gives rise to several more questions that needs to be answered,

ad infinitum. To be knowledgeable of one's ignorance is positive but to be ignorant of one's ignorance is negative and blind.

Thus, having said all of the above, it should be realized that professional metaphysical con-men are generally individuals who present themselves as persons whom you would least expect to be frauds.

We would like to quote Dr. Paul Leon Masters, the founder of the University of Metaphysics on this very subject of spiritual con-men, extracted from the newsletter "In Touch" (Feb. 1997):

"Generally, they dress well, are sociable, charming and outgoing. Above all, they speak very spiritually, constantly referring to the Light, to having a better world through the Light. They have learned to prey on the gullibility of true seekers, who in their own honesty and heart, simply accept all of the flowery spiritual phrases used by the metaphysical con man as being representative of what the spiritual con man (and I might add, woman) really is. Christ warned his disciples 2,000 years ago to 'beware of ravenous wolves masquerading in sheep's clothing.' The spiritual con person is very clever. As an example, if ever accused or convicted of anything, he/she will ask that the accusers be forgiven. This con person knows this plays well before a spiritual audience who believe this person certainly has been wrongly accused, because look how really spiritual they are in their forgiveness. It is all an act! In the heart of a sincere person, of course, it is genuine. However, here the reference is to an insincere person. Another sign is that a sincere person, when caught with a hand in the cookie jar, will show some sign of remorse and/or conscience, because the presence of God of Light truly is active in him/her. Not the spiritual con person, who will go into tremendous denial, and whose game is that if it can be denied often enough and vehemently enough, you will begin to believe that he/she is innocent of any wrongdoing.

"Con persons will try to impress you as to their holiness by surrounding themselves with spiritual props. This can take the form of many spiritual books displayed in their office so you may think how spiritually involved they may be. Also, they will surround themselves with symbols, works of art, anything to give the impression of how genuinely spiritual they are. If challenged, they become enormously defensive--that you would even dare to challenge their credibility. How dare you! Remember, an honest spiritual person has nothing to defend against, and therefore, welcomes communication.

"Challenge con persons a little too much and something happens. The true dark side of their nature surfaces. These people, who you are accustomed to hearing speak in joyful, flowery terms of light, suddenly threaten you, becoming the ruthless bastards or bitches they really are. In other words, if the old two-faced spirituality will no longer work with you, they will not hesitate to switch to threats, intimidation, and coercion.

"The old expression, 'time will tell,' is a good one to follow. If someone enters your spiritual space who may seem a little too slick, too charming, who speaks and writes in the most flowery of metaphysical terms, do not rush into any spiritual, financial, or professional involvement. Remember, fools rush in where angels fear to tread--so, allow a great deal of 'time to tell' whether they are in truth filled with Light or really with DARKNESS."

To professional metaphysicians psychic frauds are easy to spot; the layman, however, knowing even less than the self-proclaimed paranormal experts, regard these bogus individuals as nothing less than minor gods. These charlatans come and go and their establishments are usually fly-by-night in nature. Involvement with such people could bring adverse effects to one's personal, social and professional standing. But most importantly, one is led astray spiritually. It is, therefore, advisable to recognize

these spiritual and psychic con men in order to prevent oneself from being duped and harmed in any way and to stagnate in one's spiritual evolution.

An objectionable point to consider is the god-like status given to paranormals by those who are ignorant of the laws of Nature and the true purpose of Life. These paranormals are placed upon pedestals often by hired hands or even by sincere, but ignorant persons caught in the charismatic web of pretenders to power and spirituality. Although the clients or patients of these psychics are seemingly helped in some way, and strongly believe in the appropriateness and value of the services offered by those who proclaim themselves as "metaphysical" experts--the help offered is not permanent, nor does it promote evolutionary growth. On the contrary, psychic help often causes a person's spiritual unfoldment to stagnate in the mire of matter as we have been alluding and reiterating ever so often.

Just because a person may have success or is accomplished in one line of endeavor does not make that person well-informed or knowledgeable in other fields; and yet we see how low-caliber paranormals are often eager to comment on anything and everything from sex to politics. Nowadays we see how the mass media is being exploited to the full by false prophets who are so keen in making their beastly mark in the minds of men and to be regarded as celebrities. Not only do they present themselves in the printed media but also on television as well. Here we can easily perceive how the latter-day idols mislead human souls by blinding humanity's Divine Vision of Truth, Reality, Purpose, and Goodness; and presenting false teachings and statements.

It would be wise to be armed with the knowledge of the reality underlying the many psychic frauds and pseudo-metaphysical practices that violates the Law of Harmlessness and deceive sincere persons and which eventually causes stagnation to their soul-growth in their evolutionary journey toward perfection. The ignorance of the masses are taken advantage of by pseudo-psychics and metaphysicians and it would be helpful to combat this situation by enlightening those who regularly make use of, or plan to make use of the services of people involved in the metaphysical field, and who call themselves "spiritual teachers," "psychics," "shamans," "paranormals," or "metaphysicians." Every bona fide metaphysician and the average person on the street should be aware of the true facts and nature of the deceptive and glamorous metaphysical practices filled with sensation and designed only to satisfy human curiosity without properly considering the real needs of the unfolding soul. Persons who are unaware of fraudulent practices and are victims of these metaphysical deceivers may find themselves getting nothing of true worth, aside from the exorcism of their pocket of their hard-earned monthly wage.

Deception may be apparent or it may be subtle. To the discerning person the deceptive methods, both apparent and subtle of pseudo-metaphysicians and psychics can be seen and felt in their mannerism, the way they speak, the way they behave, the demands that they make, the way they present themselves, and the general energy that they radiate. These are all keys revealing the negative nature hiding beneath their pretensions. It is said, by the fruit we shall know the tree and this is a truism especially in the metaphysical field. Professional metaphysicians who are psychically and spiritually developed and knowledgeable, may detect these pretenders to metaphysical knowledge, wisdom and power through spiritual, rational, and psychic means. The spiritual disciple should learn as much as possible how to discern the true from the false so that they may lead others from darkness to Light.

Most of the modern psychic deceivers will make excessive use of metaphysical terminology to sound erudite, and also exploit and misappropriate the little information and knowledge that they acquire through insincere metaphysical studies in order to make a big impression upon people so that the unknowing and innocent ones may be greatly influenced by their heinous machinations. From the very onset their motives for "aiding" people are simply the promotion of their ego--or self-

aggrandizement, and the commercialization of the infinitesimal knowledge or psychic ability that they possess for huge financial returns. Basically, there is nothing wrong in offering one's psychic services to the public and charging a price for it, what is objectionable is that this is often done irresponsibly, excessively, irrationally, and for ignoble reasons. It may be true that some individuals possess a certain psychic ability, however, they often use this as a blatant argument that they possess other "powers" as well. They often exaggerate and brag much and make bombastic statements such as celebrities or governmental people constantly make use of their services, or that they have long studied overseas in Tibet or in India . . . Whether true or not, such statements are egoistic and unprofessional and it is easy to see the stratagem behind these proclamations. Their intentions and machinations are clear as daylight to those who have eyes to see.

One of the most apparent signs that may indicate falseness on the part of pseudo-psychics is their use of fancy titles that is supposed to reveal their "spiritual" standing. All sorts of high-sounding titles are used to impress the public concerning their so-called spiritual status or the many "powers" that they are supposed to possess. Sometimes these titles are legitimate, but most often they are self-given or "purchased." And even though legitimately and officially given by honorable men or by metaphysical/spiritual/academic institutions, these titles from the spiritual standpoint are just empty labels without any spiritual value. We know a thing by its character and expression, not by its label. With the possession of titles, psychic frauds promote themselves hoping to dupe and exploit the gullible public. The love for titles simply show an egoistic tendency and self-centeredness--a glamorous condition that the disciple of the spiritual path should not be dragged into. The lower nature of man enjoys the glamour of being at the center stage, or in the limelight. Needless to say, metaphysical self-deceivers enjoy promoting their physical image by placing their photographs excessively in books, magazines and advertisements. People with such a personal and egoistic trait seek to control and manipulate others, usually the motive is to instill fear and the acquisition of fame and fortune; and their services to others simply benefit their client's or "patient's" earthly natures. What psychics are not conscious of is that most of their services and wares do not promote spiritual evolution--they neither liberate nor cause enlightenment--which are important goals in the higher aspects of metaphysics. It is factually true that being in this world one should strive to improve it; it is also vitally important for us to transcend our earthly condition--our personality, our earthly desires, and our dualistic, delusive thinking. Our condition can be compared to being in prison. Even though we may strive to improve our surroundings while in jail so as to experience the maximum comfort, our prime objective is to be released from it so as to acquire a greater life experience.

The problem of titles also applies to the graduates of academic and religious institutions. Though one may legitimately receive the title "Doctor" in the field of metaphysics, or "Reverend," "Ulama," "Romo," "Swami," "Yogi," "Lama," "Ki," "Kyai," "Ustad" and "Sri," etc., as a priestly or sacred title in the field of religion or mysticism, it does not indicate that the person bearing it is spiritual, holy or magically powerful in any way. We make this statement from the standpoint of being both a Doctor and a Minister--and the right given to wear the esoteric title of "Ki," designating a title of respect in Indonesian occultism--so realize that there are no pretensions on our part as well. Often title holders are deluded in this respect and are victims of spiritual pride. This is a glamorous illusion that all spiritual aspirants, that all on the path of spiritual unfoldment must overcome.

We appeal to title or degree holders to maintain humility and a sense of goodwill and love for their fellow men, with a desire to serve God and the higher Spiritual Intelligences. Titles mean nothing. One's spiritual standing has to be manifested and proved sincerely on a daily basis without the thought of any praise or recognition from the mouths of men. The old adage declares that one should practice what one preaches. Traditional teachings also warn us not to be the "blind leading the blind." Most paranormals or psychics deceive themselves as to their self-importance, power, and ability. They overestimate themselves while at the same time belittling other metaphysicians who may be the

genuine article. They believe that all that they receive psychically are true, that their spirit guides are infallible, that their visions are God-sent, that their predictions must come true, that their work are beneficial to humanity. Concerning the latter, it may be factual that some of their services are of value on a short-term basis, but in the long run their help may cause soul-stagnation, as mentioned before--and this is the unseen danger.

Most commercial psychics are under the impression that they are truly helping others, but in fact, are causing great harm in the process. The Dark Forces work in such a way: they offer you wonderful "trinkets" that would make you happy and seemingly solve your worldly problems but in the process cause you to forget your soul-purpose and spiritual journey. Most psychics and so-called priests of Religion are unaware that they are the instruments of "Iblis," or the Fallen One.

Another indication of the metaphysical fraud concerns the matter of apparel. Psychic cheaters normally wear robes and turbans and other fancy costumes to give the impression to people and their prospective clients that they are different, sacred or holy in some way. The moment we meet such psychics our gullible subconscious minds are influenced negatively unless we take the appropriate measures of protection among which is to rationalize the situation and to see through their deception. Let it be known that true modern saints or genuine metaphysicians, in general, do not wear apparel any different from the norm. They dress the way ordinary human beings dress taking into account environmental factors and culture. One of the most important principle to keep in mind is that true metaphysicians or saints would never direct attention to themselves. Their words, mannerism, and behavior are free from the taints of the false ego.

It is important to realize that most psychics, whether fraudulent or genuine, when given the chance will play upon the fears and worries of clients. They would strengthen a client's belief that all that they fear are true and more besides, and that the only way out of their dilemma or problem is to apply the directions of the paranormal which usually involves emptying the purse. Often they would declare how negative you are or how you are so filled with negative energies and that with their "great powers" they would purify you and help you succeed in overcoming all that is counterproductive to your welfare--but with a certain reward, of course. At times they will say that you will have a potential problem in a certain bodily organ and to prevent it from manifesting they will balance the situation for you--for a fee. Although the detection of an unbalanced situation in one's bio-energy field is a possibility, many so-called psychics dupe the public as to their ability to do this. They only cause unnecessary concern over dangers that do not exist.

Beware of those psychics that advertise the "testimonies" of their "clients," (normally celebrities) to support their claims of power, talent or the effectiveness of their services and products. These statements often appear in print in the mass media and are mostly unwarranted.

You will also find many psychic frauds on the Internet. When requesting a psychic reading, psychics in the Net will send you a stereotype profile reading that would apply to any Tom, Dick or Harry. If one would reason it out one would come to realize that it would be impossible for any human being to cater or to devote their undivided attention to hundreds of persons requesting a psychic reading in a single day. The only resort left for these psychics is to present something applicable but spiritually meaningless to all. The daily or weekly horoscopes to be found in magazines are of these sort as well. Psychic frauds or those who are under the influence of self-deception often make bombastic claims in their advertisements but offer very little of soul-worth. Here we do not comment on the reality of psychicism, of magical forces, of subtle energies. We know that they do exist and are real to those who are able to perceive them; basically, what we are opposed to are psychics and frauds taking advantage of the ignorance of their fellow men.

Paranormals and low-caliber metaphysicians have the tendency in making their clients overly dependent upon them, their services and their products. Even spiritual teachers fall into this trap. They allow their disciples to lean too much upon them. The Master Jesus once said to his disciples that he had to leave them at a certain time, for if not, the "comforter" would not come. He meant by this that if he did not leave them, and that if his disciples depended too much upon him for their spiritual sustenance, they would not spiritually mature and that they would not acquire a higher awareness and understanding through personal effort and experience. True metaphysicians teach one not to be overly-dependent upon anything artificial and external for one's well-being. It is wholly vital that we resort to an internal resource or be dependent upon our inner Source, our true Self--the part of God within us for our spiritual nourishment.

The object of metaphysical service is to facilitate the spiritual growth of humanity. This principle is constantly being violated, however. Unaware of spiritual values and purposes, psychics simply deliver goods that in the long run stall the evolution of man. Their services do not promote spiritual unfoldment or the manifestation of the Christ Consciousness. In this they are no different from those who implement the practices of hedonism and materialism. For instance, one of the paranormal practices is the insertion of implants to manifest charisma, charm, power, fascination, etc. Indonesian psychics call these implants, "susuk." It is not too often realized that the power of these implants are temporary in nature notwithstanding the statements of some psychics as to the contrary. Energy by its very nature is in a constant state of flux and may be modified, changed, or transmuted. All organisms are constantly radiating energy and this influences whatever it comes into contact with, so an implant imbued with a certain force may unwittingly be transmuted or neutralized by the person who has it inserted into him. Now even-though such implants may contain and radiate power, the persons given such a force may not want to undergo the necessary character-building and metaphysical disciplines that would eventually give them what they seek and consequently, progress spiritually. For they presume that what they need already exists in them with the presence of the implant. However, it should be noted that the power derived from an artificial source is ephemeral and the total reliance upon it directs us away from the spiritual path. It makes one self-complacent and slothful. We should acquire the qualities or conditions that we seek through personal effort. Implants, talismans, and such are simply aids to help one--they are not to be totally relied upon. Their use should be rightly understood if they are to be of true worth to us. Please note here that we are not disapproving the practice of making or bearing talismans or acquiring magickal powers--in fact we present such things on our site. Our intent is to explain the right attitude to be adopted.

The Dark forces wish humanity to stagnate in its soul progression. It will not have humanity improve its spiritual status. Thus anything that stalls evolution or hinders man from treading the Spiritual Path is the work of the Fallen Ones. Psychic wares can degenerate into instruments of the Dark forces. Those who are inclined to experiment with the wares of paranormals should do so with the right understanding and perspective.

Pseudo-psychics have their confederates. They often have their minions search for gullible persons whom they may influence and manipulate. By persuasive speech henchmen of pseudo-psychics convince their prey how powerful and wise a certain paranormal (their boss) is. Various tricks are used. Information concerning a certain potential client may be acquired before hand and then conveyed to the "psychic." When the client visits the psychic, he is astonished that the so-called seer knows everything about him.

Sleight-of-hand, hidden gizmos, and gadgets are often used in the "healing" of a patient/client of a psychic malady, or to prove the existence of the psychic's innate powers. Since the belief in transferred, malicious etheric implants ("santet" in Indonesian) are taken for granted among the lower class, tricks and deceptions are frequently resorted to in order to convince the patient that an object

had been taken out from the patient's body; and this is supposed to be the cause of an illness. Often a healing may well take place using such quackery since a large percentage of cases of illnesses have a psychosomatic origin or are caused by abnormal thoughts and feelings, and these respond to the shaman working within the patient's belief frame-work. Such healings are based upon the principle of suggestion.

Psychic healers may boast that a patient of theirs may have been to every kind of healer, undergone every form of therapeutics, and yet no healing took place until the individual came to them to be "healed." Not only is their boast self-promotional in nature but their belief is a fallacy. Firstly, healing is a process conducted by Nature--no single individual does the healing. A person may have been to one doctor or healer after another without being apparently cured; however, the healing process may already have begun without the person's knowledge and awareness. Thus, at a certain point of the healing process the person finds himself completely cured and he ignorantly attributes this to the last healer that attempted to cure him. And this "healer" arrogantly considers the healing to be the result of his or her own personal powers and prowess. Secondly, a person is not curable unless he subconsciously and consciously wants to be cured--when he is psychologically ready to release the malady. When this is released through self-determination and faith he finds himself cured, and this often occurs no matter to what healer he goes to or the form of therapy that he undergoes at that time. Thirdly, some illnesses are karmic in nature, and only when the karmic lesson is learnt or the karmic force spent and compensated will the inharmonious bodily or psychological condition disappear. Again, this may occur spontaneously at a time when the person visits a healer and without the healer actually having anything directly to do with the healing process, nor ever having acted as a catalyst of bodily harmony.

One of the negative traits of the so-called spiritual Masters who present themselves as teachers of meditation and metaphysics is that they do not offer constant guidance or availability to their students. They are here one day, and in the next they are off somewhere where it is almost impossible for one to contact or communicate with them. If one encounters a problem in one's metaphysical practices the Guru is not available to offer assistance. This is an irresponsible act of omission on the part of the so-called Guru. In many cases this can be construed as the incompetence or inability of the Guru to provide true beneficial guidance. It can also be assumed that their motive for teaching metaphysics or branches of it in the first place was simply for its monetary returns. The true metaphysical Guru knows that spiritual teachings cannot be given in one gulp, but morsels at a time. Spiritual growth is a process and the Guru has to be constantly around to nurture the unfoldment of his students. Frauds normally take off and break communication after a few sessions with their victimized students.

Genuine Masters and Adepts as a rule, also do not offer any services of instant metaphysical development. A true Master does not perform the work that the disciple ought to be doing for himself. Self-involvement in spiritual work unfolds a divine character, and this is what the Guru wishes of his students. There is also more merit and is more honorable doing metaphysical work and exercises for oneself instead of having others do them for us. For instance, which do you think is more praiseworthy, running in a race and reaching the finish line by one's own efforts, or to be carried there by the Master on his shoulders?

Concerning the instant transference of power, or the raising of the kundalini by the Master, there are many points that the true Master would consider. Such transference is a blessing and is given only after the disciple had applied the disciplines for some time--often years, and not given by the genuine Master at the very inception of a student's metaphysical career--especially not on a massive scale. This is an irresponsible act on the part of the Guru for not everyone is physically or etherically prepared for such an empowerment.

Many Spiritual Masters (so-called) are a disappointment. Oft times they declare, whether implicitly or explicitly, that their kundalini have been permanently raised, or that they have attained enlightenment or are in constant contact with the Ascended Masters. Should this be true one awaits glorious things coming from them--from their minds and hearts. One would expect them to be divine in their everyday expressions; original and creative in their literary works, and selfless in fulfilling their missions. Their works would be of an unsurpassed quality even surpassing the state of genius, however, as it is, their products lack originality and they produce no novel concepts or precepts that reveal heretofore hidden facets of Truth, or strive to uplift humanity even higher on the scale of evolution in a balanced manner. Most of their written works are too simplistic, they merely scratch the surface of metaphysical thought and often than not, are plagiarized versions of other authors' works. What is pitiful is that their ego can still be clearly seen--and they are blind to this. They are so keen in criticizing others but fail to look into their own soul and correct innate faults. Those with a little knowledge are so quick in attacking others and in speaking the loudest. These undeveloped "Gurus" give all sorts of "plausible" excuses for their short-comings, for their extravagant way of life, for their creature-comfort-which only shows that they are self-centered and focused upon the personality level. Hopefully this condition would change in this new millenium.

Dogmas, false religious teachings and revelations are often taught and spread by false mystics, bigoted priests, channels and paranormals. They do this for fame and to instill fear in the masses so that the masses would turn to them for assistance--and this, of course, is designed to fill their personal bank account. Some psychics foolishly predict the future revealing dire cataclysms and catastrophes that would occur sometime in the near future. Although most are deceivers and malicious in their intent, there are a few who are sincere but mistaken as to the source of their psychic impressions. They regard the visions that they receive as coming from God or the Ascended Masters. They do not realize that most of what they psychically see are mere thoughtforms created and radiated by those who are psychologically unbalanced or who are mentally disturbed. Substantially, these thoughtforms have no real power to manifest on the physical plane or affect it unless we give them power through our constant attention and fear. Even if visions did flow from the Divine Cosmic Mind, they are often distorted by the unpurified subconscious minds of psychics so that a clear understanding of the picture is not acquired and presented. Again, even if a vision of a catastrophe from God was correctly received there is always a possibility of preventing its occurrence or decreasing the magnitude of its effects through the proper metaphysical procedures. However, those who are self-deceived are often adamant that what they "see" must occur. Below we would like to quote a few scriptural verses for your consideration. They are related to this paragraph.

For both prophet and priest are profane; yea, in my house have I found their wickedness, saith the LORD. (Jeremiah 23:11)

I have not sent these prophets, yet they ran: I have not spoken to them, yet they prophesied. (Jeremiah 23:21)

Thus saith the LORD of hosts, Harken not unto the words of the prophets that prophesy unto you: they make you vain: they speak a vision of their own heart, and not out of the mouth of the LORD. (Jeremiah 23:16)

Thus saith the Lord GOD; Woe unto the foolish prophets, that follow their own spirit, and have seen nothing! (Ezekial 13:3)

Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves. (Matthew 7:15)

SOME POINTS TO CONSIDER AND REMEMBER

1. Before looking for causes of your personal problems and their solutions in the metaphysical world and field, look for them in the physical realm. This also applies to phenomena that you may not understand. Instead of believing that they are supernatural in nature, first rationalize if their causes are not of a physical character.
2. Avoid systems of paranormal or metaphysical development that do not stress or lay down spiritual principles as their foundation. Those that teach metaphysics without the basic spiritual, ethical, and moral precepts are unknowingly the instruments of the Dark forces that ever seek to delay the spiritual progress of humanity.
3. Avoid metaphysical schools and teachers that offer "instant" psychic or spiritual unfoldment. These schools and teachers are not aware of the short-term and long-term adverse effects of their methodology. This is not to say that their methods do not work. What we are implying here is that there are dangers that they are ignorant of. Though they may think, feel and declare that dangers do not exist, dangers are inherent and do exist in any forced psychic growth. If you are seriously and sincerely interested in studying metaphysics, then we suggest that you find yourself a genuine teacher or school with genuine spiritual traditions, lineage, and roots. Their instructions and guidance are life-long and not limited to a short-course of study. They will teach you how to unfold spiritually and psychically naturally, and not force your growth in any way whatsoever.
4. Avoid paranormals and metaphysicians that make bombastic claims and advertise themselves excessively. The genuine metaphysician does not make much use of advertisements. He or she knows that their helpfulness to the public would spread from mouth to mouth. It is just an ego-trip that makes paranormals advertise themselves glamorously. Let us reason this out: even medical doctors and psychologists who serve the public do not advertise themselves in a glamorous fashion, why then should paranormals reduce themselves below the level of other social servants? The psychological reasons are usually insecurity, a sense of inferiority, ego-centeredness, or malice.
5. Avoid teachers of psychicism that commercialize their teachings or services in an irrational and ostentatious manner. They would overcharge you for their services, and make you dependent upon them so that you would return to them again and again. The genuine metaphysician will help you to help yourself and not seemingly help you but enriching themselves financially in the process. Please recognize the difference. We do not imply here that it is wrong for the metaphysician to charge for his services. On the contrary, charging for services is an acceptable practice in any field. What should be avoided are seeking aid from paranormals making irrational and excessive demands. Paranormals or metaphysicians making strange and unethical demands should be avoided at all cost.
6. Avoid dubious characters posing as paranormals, metaphysicians, adepts, Spiritual Gurus, Masters and Teachers. Always learn as much as you can of their character, their motives and purpose before establishing a Guru-Chela (Disciple) relationship with them or seeking their help in any way.
7. Be cautious of the services, wares, and products of paranormals. Disregard any predictions that they make concerning your future. Fortune telling is a dangerous pastime when taken too seriously. Genuine metaphysicians will hardly predict someone's future. The acceptance of one's predicted "future" causes passivity and submission and this a true metaphysician will not allow. He will not teach or cause one to accept one's fate but instead teach how to create one's future. One is to be a cause of one's well-being and happiness and not be the receiving end of some adversity caused by external forces.

The Characteristics of a Spiritual Master

We would like to point out some of the qualities of an adept or a true spiritual Master of Metaphysics. By making this list it is hoped that the metaphysical student will know a true Master when he meets one and also to discover the right goals of attainment, the characteristics that should be acquired in order to reach Mastership; however, we caution the reader not to superficially adopt these characteristics in order to misrepresent themselves as Masters.

- A Master expresses beauty in everything he/she says, with every physical movement, with every glance. He is likewise deeply sensitive to beauty in all forms.
- A Master never directs attention to himself. He never indulges in self-aggrandizement, self-promotion, self-centered thought, self-centeredness, etc. He is egoless.
- A Master has a strong, steady gaze that penetrates the soul. They often seem to be looking into the infinite distance.
- A Master has deep respect for all members of the kingdoms of Nature.
- A Master's very presence radiates power.
- Unconditional love is a basic quality of a Master. A Master never judges. He is always impersonal, detached and compassionate.
- A true Master is a Master of Wisdom. His understanding of life and Cosmic laws far exceeds those of the average person.
- A Master though possessing some or all spiritual and psychic powers have renounced their use except for emergencies and urgencies. He, therefore, will hardly ever reveal to anyone that he has them.
- A Master never commands he simply suggest, he never instills fear but awakens courage. He never makes you feel bad of yourself; on the contrary, he helps you build self-esteem.
- As a rule, a Master never predicts a person's future and he never flatters the human ego.
- A Master will always lead and direct you to the ultimate goal. Though he may teach the lower laws, truths and forces applicable to the improvement of mundane life he will not place too much emphasis upon them instructing that the phenomenal world is nothing but a dream and is illusory from the absolute perspective. He will direct your attention to more important matters.
- A Master seldom speaks of his past, of himself, of his background, etc., unless it is pertinent and useful as illustrations in the conveyance of spiritual teachings to others.
- A Master is detached from the occurrences of mundane life and the effects of human experience. He would never feel psychological pain should he find himself in adverse conditions, neither would he feel too overjoyed in times of prosperity. He is psychologically stable and centered, and is in a constant state of bliss at all times no matter what the outer circumstance.

- A Master is universal and non-sectarian in his attitudes. He sees all men as an expression of the Supreme regardless of their religious leanings, their color, race, sex, etc. Though a Master may not be religious, he is deeply spiritual.
- A true Master is creatively original. Being enlightened by his own divine essence a Master would teach or even write books directly from his heart and own experience. He would never plagiarize the work of another or teach things that are outmoded. It should be realized though that most Masters do not write many books--they leave that to their disciples.
- Masters do not argue. They know that no amount of argument would convince the skeptic, and to those who are true seekers no argument would be necessary. They also never proclaim or reveal their spiritual status and speak only when their words are beneficial and cause positive motion. Masters, are therefore, usually reticent.
- A Master embodies most, if not all of the divine virtues.
- A Master is sweet, simple, and childlike; but when they focus their attention upon the problems of humanity they are a fount of wisdom.
- A Master is often unpredictable, and his ways are not always understood.
- A true spiritual Master never engages or indulges in low psychic activities. A Master serves by awakening the slumbering soul within man.
- Although compassionate, a Master never sympathize with the feelings of the human ego for he does not recognize imperfection, he is simply aware of the perfection of God indwelling in the divine spark within microcosmic man.
- A Master has no longer any egoic desires, he no longer functions from the personality level; he has long given up his human will in favor of the expression of the Divine Will of God.
- A Master never complains, he knows no suffering for he transcends it. He also knows no death for his consciousness goes way beyond the confines of time and space.
- A true Master does not hasten a student's psychic growth prematurely by any "transference" of power. He always predominately concentrates upon raising the consciousness, improving the character, the spirituality, and increasing the wisdom and the understanding of his students.
- A Master never judges the outer person of others but looks into the depths of their soul for value.
- A Master never makes others feel guilty or sinful in any way, however, he does lead others from darkness into Light.
- Although detached, impersonal, and sometimes seemingly aloof, a Master is full of affection for his chelas (students).
- A Master appreciates every small service that is offered to him and the great work of manifesting the Divine Plan.

Perhaps one of the most outstanding and admirable characteristics of Spiritual Masters is that they do not consider themselves as Masters. This is their humility. They know that they still have a considerable amount of things to master and learn; they are so much aware that they are still undergoing the learning process and are embarrassed to call themselves "Masters" or have anyone else call them that.

By explaining the above the writer of this article does not imply in any way that he's a Spiritual Master--far from it. The road where he is standing still extends to the unseen distance. In any case, it is not for the human ego to assert. We emphasize the principle that by the fruits we shall know the tree. In truth, the human ego is nothing--God everything. In performing their divine and spiritual duties Spiritual Masters declare: "It is not I that works but the 'Father' within me."

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